

Feeling Useful – Daily Living Task

Fresh Flowers

Putting fresh flowers in vases is not necessarily just a daily summertime task, though you may have more flowers at this time of year.

First check your home's policy on fresh cut flowers. If using scissors or secateurs, individually risk assess and ensure the correct supervision.

If you have a garden, then your gardener, other staff or residents may cut flowers to be brought in, arranged and put in vases.

Other flowers may be brought in by family or friends.

Arranging flowers in vases is a very useful and therapeutic activity.

The vases need to be checked regularly to make sure they have enough water. Top up as necessary, occasionally replacing all the water for fresh water if possible.

Remove dead flowers from vases when they are past their best, and replace with fresh flowers.

