

Autumn Leaf Collage

Introduction

Autumn leaves are at their best in early November. This is a lovely, mixed activity which can be enjoyed by many different ability levels.

If you have your own garden with trees or access to a park, it is a good opportunity for those who are able to help choose and collect the leaves. If the coronavirus restrictions are still in place, a short forage by yourself or another staff member should soon yield a good selection of leaves in all their autumn colours.



You Will Need

- Leaves
- Sheets of sugar paper or cardboard to mount your display
- PVA glue

What To Do

Work at tables individually or in small groups as appropriate, and depending on current health guidelines. This activity can also be completed in residents' rooms one-to-one.

Make sure the leaves are clean and dry.

Lay them out. Allow people to pick them up, smell them, sort them, and, if current health guidelines allow, brush their hands and cheeks with them to get the full sensory experience.

People choose leaves to make into a collage, and stick them down onto the display with as much help as needed.

Try making a colourful whirl like the one in the picture above.

Make a display of all the collages or put up in residents' rooms to enjoy.

Extending The Activity

Chat one-to-one about the sights, sounds and smells of autumn. What are people's memories of autumn? Which autumn colours are their favourites? For those able and interested, do they know which leaf is from which species of tree that you/they have collected?

