



Decorated CDs



Introduction

This is a simple craft idea using everyday objects that are easy to source.

You Will Need

- Old CDs (scratched ones and ones you no longer listen to are perfect). You can also use old 45 singles and old gramophone records which can often be picked up for pennies in charity shops and sales.
- PVA glue
- Any or all of these: buttons, beads, old coins, dried peas and lentils, washers, stickers.



Risk Assess

Take care with all the small objects as potential choking hazards - ensure adequate supervision.

What To Do

You may want to practise your design first before glueing.

Allow people to be creative. Suggest going round and round with different colours or in rows across the CD.

If you use old coins it can be a great sorting activity, especially for those with dementia who enjoy this sort of activity.

Use the finished article as a light catcher in a window by hanging it on garden wire or cord. This is a valuable sensory stimulation for people with more advanced dementia in their own rooms.

Seal the finished discs with varnish to protect and preserve them.

