

Craft and Sensory Activity

Bird Mobiles



Introduction

These mobiles make for a great activity that is fun to make and often much admired. They are a great link with our springtime theme on birds.

They provide interest in any area of your home or centre, especially if hung over a bed. In this way, even residents who have advanced dementia and cannot take part in making, get pleasure, enjoyment and stimulation from the mobiles.

You Will Need

- Card – white and coloured
- Tissue paper of different colours (or use crepe paper)
- Crayons or coloured felt-tips
- Pencils and scissors
- Cotton
- Blu-Tack
- Wooden ring (or a metal coat hanger)

Risk Assess

Care using scissors

What To Do

Draw and cut out a simple template as shown. Make them a nice size – not too small.

Colour in your bird, making sure you do both sides.





Cut a slit in the body

Cut an oblong of tissue paper, concertina fold it and push through the slit to form the wings.



Cut a length of cotton and attach it to the top of the bird's body by making a small hole and tying it. Use different lengths of cotton for each bird. That way you get a mobile that has added interest.

Stick a small piece of Blu-Tack where the bird is attached to the cotton. This provides a little bit of weight so that the bird hangs down well and also stops the cotton pulling out if there is a breeze.

Tie the other end of the cotton to your ring or coat hanger. Space out your birds round the mobile. Hang up your mobile. Remember, these are ideal for residents who remain in bed.

Top Tip

Try the same idea with butterflies and bumble bees!

